



# JANUARY 2017

## QUINCY BRAINTREE FAMILY NETWORK –CFCE

### **Beginning Steps Playgroup:** Learning Links 1511 Hancock St., Quincy Center

Special drop-in playgroup just for infants through 28 months. Activities/materials will center around this age group, to help promote gross motor, fine motor and sensory development. Sorry this is only for the little ones, no children over 28 months.

**No registration required.**

**Every Tuesday, January 3rd to January 31st from 10:00-11:15 a.m.**

### **Children’s Winter Concert:** Thayer Public Library, 728 Washington St., Braintree

Marcus Gale will once again perform for us. He is known for his charming songs, funny stories, playful puppet friends, and original dance music. Get ready to sing new songs along with traditional favorites.

Clap your hands, wiggle your fingers and toes, and move your feet to the beat. NO registration required.

Appropriate for children ages 2-5 accompanied by an adult.

**Thursday, January 12th from 10:30-11:15 a.m.**



### **Science Spectacular:** Houghs Neck Community Center, 1195 Sea St., Quincy

Have you ever wondered how or why something happens? For instance, how do ice mounds form outside? What happens when you mix certain ingredients together and why do those things happen? Will changing things slightly have a different outcome? Mountains of fun will erupt in this group! Warning: This might get messy! Ages 2.6-4 years.

NO registration required. For more information contact Dawn at [dcorley@qcap.org](mailto:dcorley@qcap.org)

**Every Thursday beginning January 19th through February 16th from 12:30-1:45 p.m.**

**The following groups require registration.**

**Registration will begin on Wednesday, January 4th at 9:00 a.m. via email.**

**Early registrations will not be accepted.**

### **Art in the Afternoon:** Learning Links, 1511 Hancock St., Quincy Center

Join the Quincy Braintree Family Network as we explore the many different aspects of art! This group is geared for children ages 5-7 yrs. old. We will explore different materials and learn how to express our inner imagination!

Exploring art is a great way for children to foster creativity, social-emotional

and cognitive skills. Registration required by contacting Dawn at [dcorley@qcao.org](mailto:dcorley@qcao.org).

**Tuesdays, January 10th, 17th and 24th, from 1:30-2:45 p.m.**



### **Be My Valentine:** Learning Links, 1511 Hancock St., Quincy Center

It’s time to be thinking about our annual community service project. This is a great way to introduce the idea of doing for others and showing kindness to your kids. What better time to share a kind word but Valentine’s Day?

We will be making Valentine’s Day Cards to send to Adopt-A-Platoon, the Quincy Animal Shelter, and lastly make a Valentine’s Day card for someone special in their lives. For children ages 4-7 years old.

Registration required by contacting Joan at [jrodeck@qcap.org](mailto:jrodeck@qcap.org).

**Fridays January 27th, February 3rd and 10th from 3:00-4:15 p.m.**



### **Fuel Assistance 617-479-8181 x301**

QCAP’s Fuel Assistance program can help you pay your heating costs for the months of November through April. Payments are made directly to your heating company up to maximum heating benefit level. Renters may be eligible even if heating is included with their rent. New applicants may apply by calling QCAP’s Energy Program for an appointment. Income eligible requirements apply. For example, a family of four can make up to an annual income of \$65, 387.00.

Towns served: Braintree, Milton, Quincy, and Weymouth.

### **Free Tax Preparation 617-657-5345**

Quincy Community Action Programs, Inc. is offering FREE tax preparation by IRS certified volunteers for individuals and families who meet income eligible requirements. QCAP can help with most Federal and State tax returns, and will e-file for faster refunds.

Check QCAP’s website [www.qcap.org](http://www.qcap.org) mid-January 2017 for details about the program., and instructions on how to participate.

Free tax help is offered by appointment only.

Towns served: Braintree, Milton, Quincy, Weymouth, and surrounding communities.

